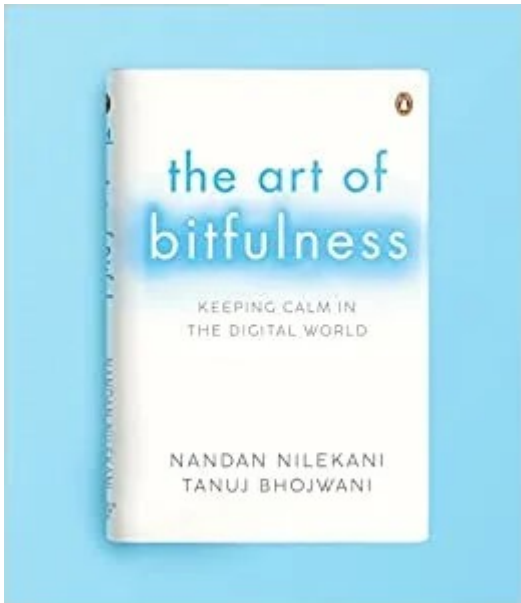


Art of Bitfulness: Keeping Calm in the Digital World
By Nandan Nilekani & Tanuj Bhojwani

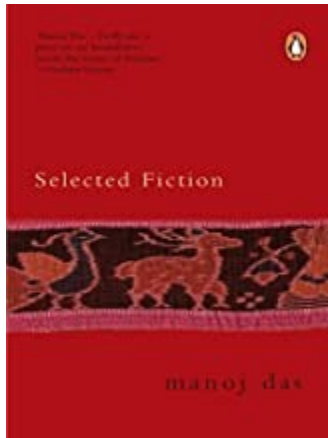


Acc No. 64124

Abstract: Digital is inevitable. Disconnecting is impractical. The Art of Bitfulness is a book on how to live with our devices, not how to live without them. What is Bitfulness? Bitfulness is being effortlessly mindful of your technology. In this short, practical book, Nandan Nilekani and Tanuj Bhojwani describe a framework to tune out the overwhelming noise of the internet. They empower you with tools to take back your time, attention and privacy from those who want to capture and sell it. They reveal their own personal systems, and how they stay on top of a constant flow of information. This book doesn't believe our excessive screen time usage is a personal failing. The internet creates winner-take-all market conditions, which in turn create an attentional race to the bottom. It doesn't have to be this way. The book covers how we, as a collective, can take back control of our future. The authors even analyze the promise of web3 & cryptocurrencies to see where that alternative will take us. The reason to read this book is simple: If you don't design your technology around your life, someone else will design your life around their technology. Unlike many other books written about this toxic relationship, however, this one is by two people who love technology very much and are fascinated by its power to do good—and yet, are cognizant of the ways in which technology can overwhelm us. Shrabonti Bagchi, HT Mint

Selected Fiction

By Manoj Das.

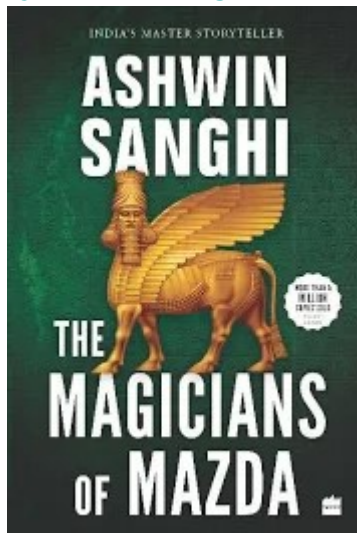


Acc No.64123

Abstract: In this collection of twenty-seven short stories, a novelette and a novel, there are many delightful tales, characters and situations to encounter and relish. The stories range from the light-hearted to the somber. Many are laced with Manoj Das' characteristic irony. Told with humor and compassion, wit and sensitivity, this collection brings together the best of the works of one of India's most mature and rewarding writers

Magicians of Mazda

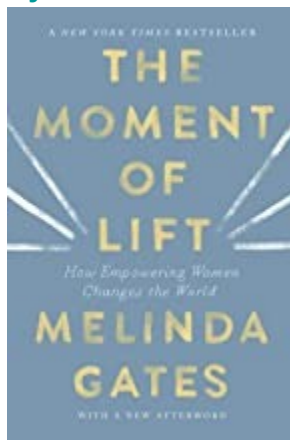
By Ashwin Sanghi



Acc No.64122

Abstract: YATHA AHU VAIRYO ATHA RATUSH ASHAT CHIT HACHA VANGHEUSH... AS THE MASTER, SO IS THE JUDGE TO BE CHOSEN IN ACCORD WITH TRUTH. A fleet of boats dock at the port of Sanjan in Gujarat in 720 CE. They carry eighteen thousand frightened souls fleeing the cruelty of Iran's Umayyad Caliphate. Chanting Sanskrit-like prayers, the high priest consecrates a sacred fire to thank their god, Ahura Mazda, leading them to a new home and hope. He uses a mysterious substance to spark the flame, but few know of its miraculous properties or provenance. Centuries later, Parsi scientist Jim Dastoor is abducted from his Seattle laboratory and whisked away to Tehran. The Ayatollah believes Jim is the key to uncovering the ancient relic known as the Athravan Star and his men will do anything to possess it, even murder. From the ancient ruins of Persepolis to the Taliban camps of Afghanistan, from the womb of an Udvada fire temple to the icy mountains of Kashmir, from the dreadful coffin cells of Tehran to the deathly calm of Dius Tower of Silence, Jim and his historian wife, Linda, are sucked into a terrifying chase across vividly changing landscapes. Deftly navigating between time and geography, *The Magicians of Mazda* travels backwards, through the epochs of Islamic jihad, Macedonian revenge, Achaemenid glory, messianic birth, Aryan schism-to the Vedic fount from where it began. This is Ashwin Sanghi's most gripping and provocative novel yet.

Moment of Lift: Empowering Women changes the World By Melinda Gates



Acc No. [64121](#)

Abstract: How can we summon a moment of lift for human beings—and especially for women? Because when you lift up women, you lift up humanity. For the last twenty years, Melinda Gates has been on a mission to find solutions for people with the most urgent needs, wherever they live. Throughout this journey, one thing has become increasingly clear to her: If you want to lift society up, you need to stop keeping women down. In this moving and compelling book, Melinda shares lessons she's learned from the inspiring people she's met during her work and travels around the world. As she writes in the introduction, "That is why I had to write this book—to share the stories of people who have given focus and urgency to my life. I want all of us to see ways we can lift women up where we live." Melinda's unforgettable narrative is backed by startling data as she presents the issues that most need our attention—from child marriage

to lack of access to contraceptives to gender inequity in the workplace. And, for the first time, she writes about her personal life and the road to equality in her own marriage. Throughout, she shows how there has never been more opportunity to change the world—and ourselves. Writing with emotion, candor, and grace, she introduces us to remarkable women and shows the power of connecting with one another. When we lift others up, they lift us up, too.

Human Kind: A Hopeful History

By Rutger Bregman; Elizabeth Manton and Erica Moore.

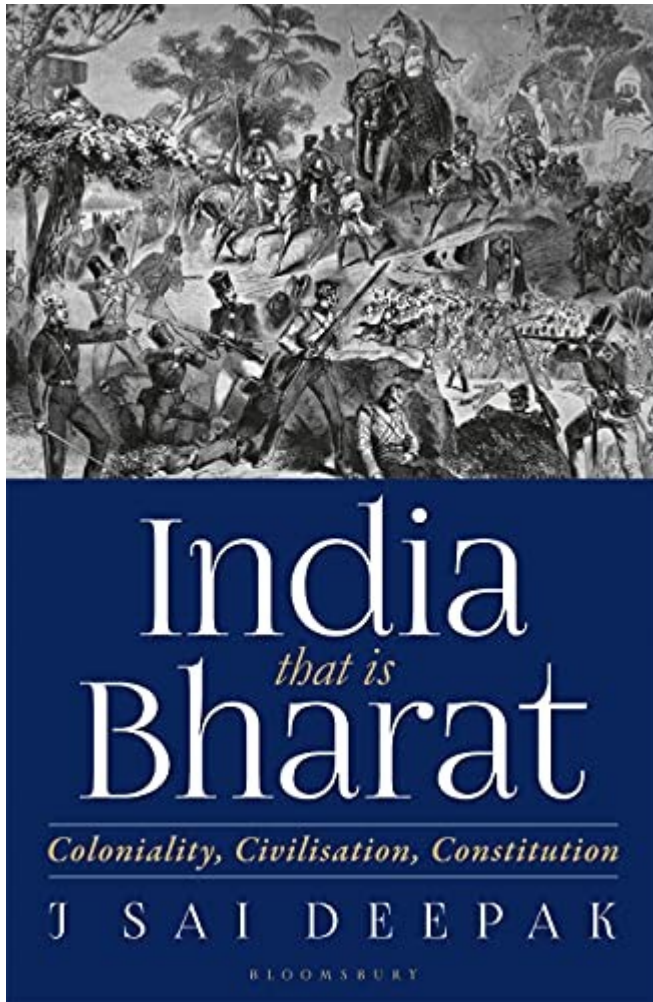


Acc No. [64120](#)

Abstract: The “lively” (The New Yorker), “convincing” (Forbes), and “riveting pick-me-up we all need right now” (People) that proves humanity thrives in a crisis and that our innate kindness and cooperation have been the greatest factors in our long-term success as a species. If there is one belief that has united the left and the right, psychologists and philosophers, ancient thinkers and modern ones, it is the tacit assumption that humans are bad. Its a notion that drives newspaper headlines and guides the laws that shape our lives. From Machiavelli to Hobbes, Freud to Pinker, the roots of this belief have sunk deep into Western thought. Human beings, were taught, are by nature selfish and governed primarily by self-interest. But what if it isnt true? International bestseller Rutger Bregman provides new perspective on the past 200,000 years of human history, setting out to prove that we are hardwired for kindness, geared toward cooperation rather than competition, and more inclined to trust rather than distrust one another. In fact this instinct has a firm evolutionary basis going back to the beginning of Homo sapiens. From the real-life Lord of the Flies to the solidarity in the aftermath of the Blitz, the hidden flaws in the Stanford prison experiment to the true story of twin brothers on opposite sides who helped Mandela end apartheid, Bregman shows us that believing in human generosity and collaboration isnt merely optimistic—its realistic. Moreover, it has huge implications for how society functions. When we think the worst of people, it brings out the worst

in our politics and economics. But if we believe in the reality of humanity's kindness and altruism, it will form the foundation for achieving true change in society, a case that Bregman makes convincingly with his signature wit, refreshing frankness, and memorable storytelling. "The Sapiens of 2020." —The Guardian "Humankind made me see humanity from a fresh perspective." —Yuval Noah Harari, author of the #1 bestseller Sapiens Longlisted for the 2021 Andrew Carnegie Medal for Excellence in Nonfiction One of the Washington Posts 50 Notable Nonfiction Works in 2020

**India that is Bharat: Coloniality, Civilisation, Constitution: Book 1 of the Bharat Trilogy
By J Sai Deepak**



Acc No. [64119](#)

Abstract: India, That Is Bharat, the first book of a comprehensive trilogy, explores the influence of European colonial consciousness (or coloniality), in particular its religious and racial roots, on Bharat as the successor state to the Indic civilisation and the origins of the Indian Constitution. It lays the foundation for its sequels by covering the period between the Age of Discovery, marked by Christopher Columbus expedition in 1492, and the reshaping of Bharat through a British-made constitution—the Government of India Act of 1919. This includes international developments leading to the founding of the League of Nations by Western powers that tangibly impacted this journey. Further, this work also traces the origins of seemingly universal constructs such as toleration, secularism and humanism to Christian political theology. Their subsequent role in subverting the indigenous Indic consciousness through a secularised and universalised Reformation, that is, constitutionalism, is examined. It also puts forth the concept of Middle Eastern coloniality, which preceded its European variant and allies with it in the context of Bharat to advance their shared antipathy towards the Indic worldview. In order to liberate Bharat's distinctive indigeneity, decoloniality is presented as a civilisational imperative in the spheres of nature, religion, culture, history, education, language and, crucially, in the realm of constitutionalism.

Another Now: Dispatches from an Alternative Present
By Yanis Varoufakis

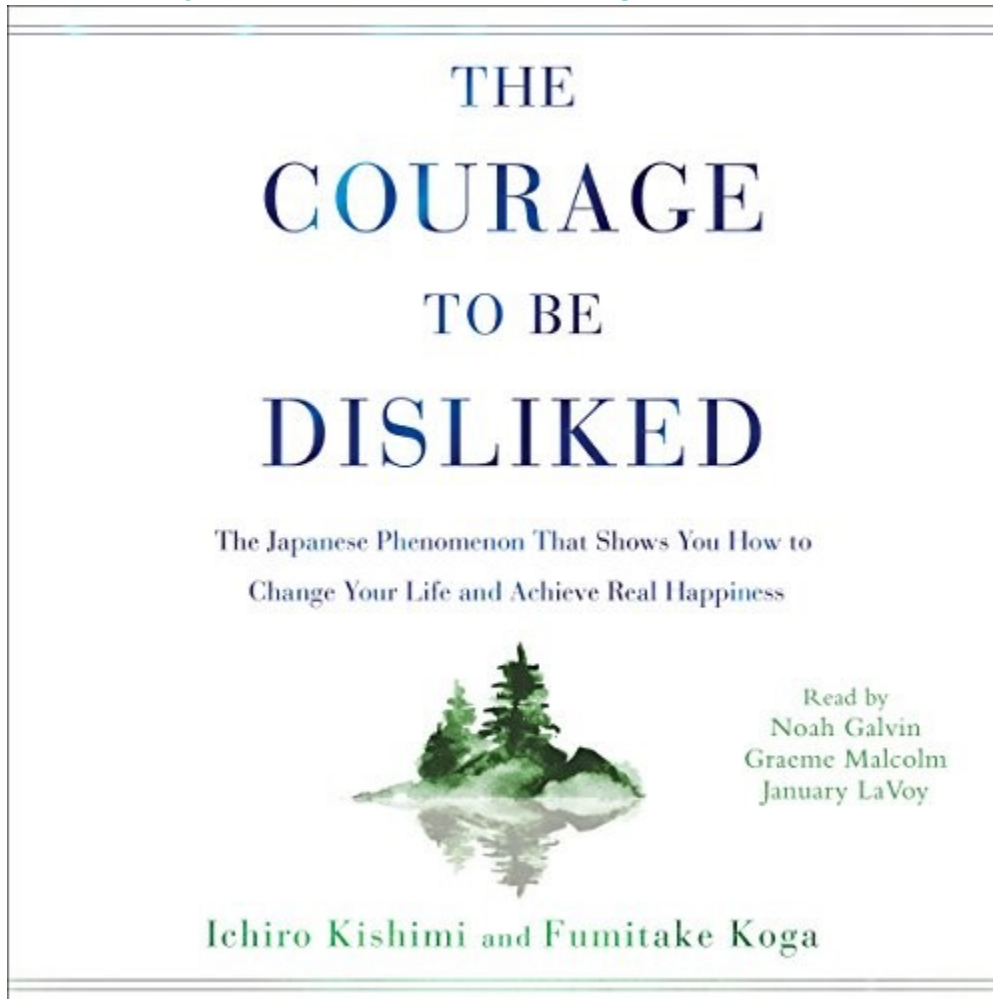


Acc No. 64118

Abstract: Imagine a world with no banks. No stock market. No tech giants. No billionaires. Imagine if Occupy and Extinction Rebellion actually won. In *Another Now*, world-famous economist Yanis Varoufakis shows us what such a world would look like. Far from being a fantasy, he describes how it could have come about—and might yet. But would we really want

it? Varoufakis's boundary-breaking new book confounds expectations of what the good society would look like and reveals the uncomfortable truth about our desire for a better world ...

Courage to be Disliked: How to Free Yourself, Change Your Life & Achieve Real Happiness By Ichiro Kishimi & Fumitake Koga



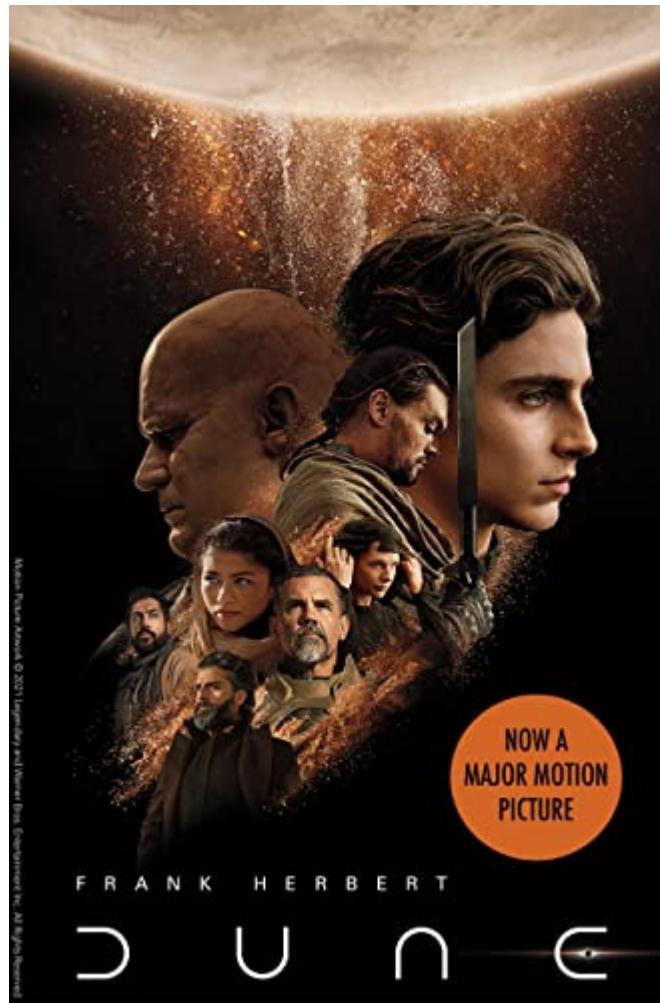
[Acc No. 64117](#)

Abstract: The Japanese phenomenon that teaches us the simple yet profound lessons required to liberate our real selves and find lasting happiness. The Courage to be Disliked shows you how to unlock the power within yourself to become your best and truest self, change your future and find lasting happiness. Using the theories of Alfred Adler, one of the three giants of 19th century psychology alongside Freud and Jung, the authors explain how we are all free to determine our own future free of the shackles of past experiences, doubts and the expectations of others. Its a philosophy thats profoundly liberating, allowing us to develop the courage to change, and to ignore the limitations that we and those around us can place on ourselves. The

result is a book that is both highly accessible and profound in its importance. Millions have already read and benefited from its wisdom. Now that *The Courage to be Disliked* has been published for the first time in English, so can you.

Dune 1

By Frank Herbert.



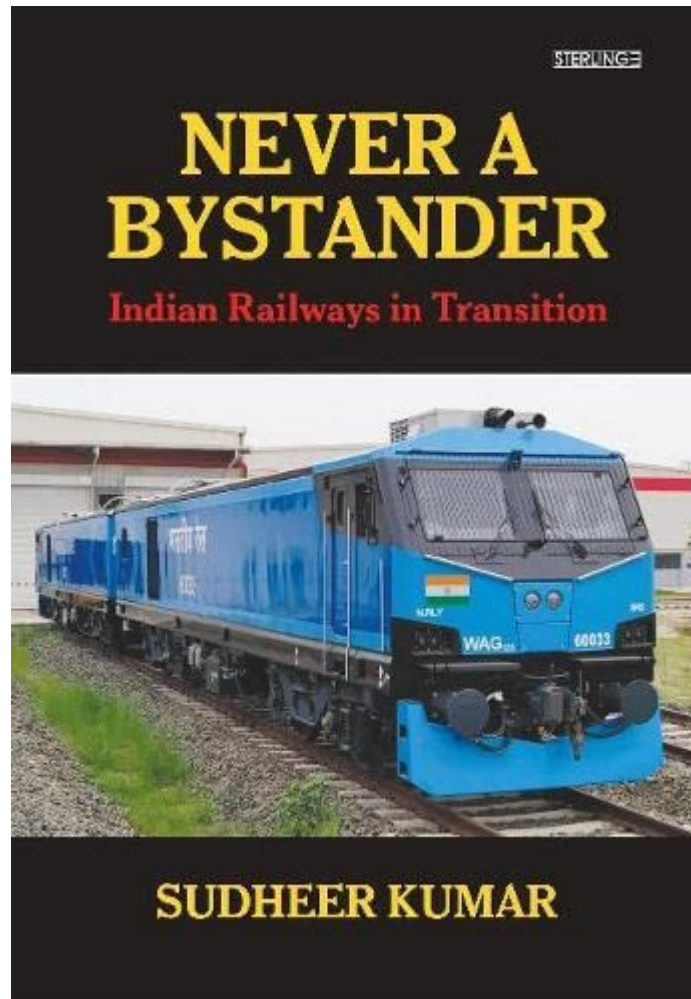
[Acc No.64116](#)

Abstract: NOW A MAJOR MOTION PICTURE directed by Denis Villeneuve, starring Timothée Chalamet, Zendaya, Jason Momoa, Rebecca Ferguson, Oscar Isaac, Josh Brolin, Stellan Skarsgård, Dave Bautista, Stephen McKinley Henderson, Chang Chen, Charlotte Rampling, and Javier Bardem. Frank Herbert's classic masterpiece—a triumph of the imagination and one of the bestselling science fiction novels of all time. Set on the desert planet Arrakis, *Dune* is the story of the boy Paul Atreides, heir to a noble family tasked with ruling an inhospitable world where the only thing of value is the “spice” melange, a drug capable of extending life and

enhancing consciousness. Coveted across the known universe, melange is a prize worth killing for.... When House Atreides is betrayed, the destruction of Paul's family will set the boy on a journey toward a destiny greater than he could ever have imagined. And as he evolves into the mysterious man known as Muad'Dib, he will bring to fruition humankind's most ancient and unattainable dream. A stunning blend of adventure and mysticism, environmentalism and politics, Dune won the first Nebula Award, shared the Hugo Award, and formed the basis of what is undoubtedly the grandest epic in science fiction.

Never A Bystander : Indian Railway in Transition

By Sudheer Kumar.



Acc No.64115

Abstract: This book is a collection of actual stories of change and transformation that give the reader an insider's view of the incredible world of the Indian Railways. Driving successful change in government organizations is a Herculean task; many efforts fail, in any case. Grit, resilience and hardiness, along with a humane approach and the benign influence of critical

stakeholders can often move mountains. The failures along the way are just the lead indicators of success.